

## REFRACTIVE CATARACT PRE-OP INSTRUCTIONS

## **DAY OF SURGERY**

- You must have a driver with you for your surgery.
- Plan to be at the surgery center for 1 ½ 2 hours.
- Wear warm, comfortable clothing. The surgery suite can be chilly.
- Please remove all make-up and moisturizer prior to surgery. Pay extra attention to residual makeup on lids & lashes.
- **Do NOT** wear perfume, cologne or after-shave.
- **Do NOT** eat or drink anything 6 hours prior to arrival. You may take your regular morning medications with a small sip of water on the day of surgery.
- If you are an insulin-dependent diabetic: The Overland Park Eye Surgery Center will review special instructions with you during their pre-op call.

## **MEDICATIONS**

- You will be responsible for purchasing your prescription medications and preservative-free tears.
- · Start using the prescription medications 2 days prior to your procedure.
- It is not necessary to bring the medications with you to the office on the day of your procedure.
- You will be given verbal & written instructions immediately following surgery.

## **POST-OP OVERVIEW**

- You **must** have a driver bring you to your 1 day post-op appointment. After your exam, you may drive if you are confident with your vision.
- You may return to work and most activities when your comfort allows.
- Take extra caution when applying or removing your make-up as your depth perception may be affected.
- No swimming in a pool, lake, or ocean for 1 month after surgery.
- Expect mild irritation for the first few hours post-op.
- Expect your vision to be blurry and fluctuate for the first few weeks.