

DAY OF SURGERY

- Discontinue soft contact lenses 3 days prior to your surgery. Discontinue gas permeable or hard contact lenses 1 month prior to your surgery.
- You **must** have a driver with you for your surgery.
- Plan to be at the surgery center for 1 – 1 ½ hours.
- Wear warm, comfortable clothing. The surgery suite can be chilly.
- Please remove all make-up and moisturizer prior to surgery. Pay extra attention to residual makeup on lids & lashes.
- **Do not** wear perfume, cologne or after-shave.
- You may have a light breakfast/lunch prior to arrival at the surgery center.

MEDICATIONS

- You will be responsible for purchasing your prescription medications and **preservative-free** tears.
- Medications will be started **after** surgery, unless directed by physician.
- It is not necessary to bring medications with you to the office on the day of your procedure.
- You will be given verbal & written instructions immediately following surgery.

POST-OP OVERVIEW

- **Do not** expect to drive until after your 4 day post-op visit. You may drive if you are confident with your vision.
- You will be able to return to work and most activities when your vision and comfort allow. You may need to take 3-4 days off work.
- Take extra caution when applying or removing your make-up as your depth perception may be affected.
- No swimming in a pool, lake, or ocean for 1 month after surgery.
- You will experience varying degrees of discomfort for 3-5 days after surgery. Along with mild to moderate irritation, you may have excessive tearing and sensitivity to bright light.
- Expect your vision to be blurry and fluctuate for the first few weeks, with best results developing within 3-6 months.