

## DAY OF SURGERY

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- Discontinue soft contact lenses 3 days prior to your surgery. Discontinue gas permeable or hard contact lenses 1 month prior to your surgery.
- You **must** have a driver with you for your surgery.
- Plan to be at the surgery center for 1 – 1 ½ hours.
- Wear warm, comfortable clothing. The surgery suite can be chilly.
- Please remove all make-up and moisturizer prior to surgery. Pay extra attention to residual makeup on lids & lashes.
- **Do not** wear perfume, cologne or after-shave.
- You may have a light breakfast/lunch prior to arrival at the surgery center.

## MEDICATIONS

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- You will be responsible for purchasing your prescription medications and **preservative-free** tears.
- Medications will be started **after** surgery, unless directed by physician.
- It is not necessary to bring medications with you to the office on the day of your procedure.
- You will be given verbal & written instructions immediately following surgery.

## POST-OP OVERVIEW

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- You **must** have a driver bring you to your 1 day post-op appointment. After your exam, you may drive if you are confident with your vision.
- You may return to work and most activities when your comfort allows.
- Take extra caution when applying or removing your make-up as your depth perception may be affected.
- No swimming in a pool for the 1st week, wear goggles the 2nd week, resume as normal the 3rd week. No lake/ocean swimming or water activities that may result in impact on the water for 1 month.
- Expect blurry or foggy vision on the day of surgery. It is normal for your vision to fluctuate for the first month.
- It is normal to have mild irritation and tearing for the first few hours post-op.